

Tatu Avola Memorial 10.12.2017 Tampere

Powerlifting																	
num	name	raw/eq	class	weight	squat			bench press			deadlift			total kg	points		
1	Joni Orpana	RAW	O-75	74.5	195	220	235	242.5	125	130	140	250	263	267.5	272.5	632.5	710.93
2	Niklas Lahtinen	RAW	J-110	108.3	250	275	275		160	170	175	300	310	322.5		747.5	664.53
3	Jani Loippo	RAW	O-90	88.2	180	200	210		172.5	182.5	193	200	220	240		632.5	620.48
4	Vellu Karhu	RAW	M2-110	109.5	210	230	250		130	140	150	210	230	230		620	592.17
5	Marko Hyytinen	RAW	O-125	115.8	250	260	270		150	160	170	210	225	235		675	587.92
6	Lauri Palttala	RAW	O-75	73.5	165	175	185		110	115	120	190	205	215		515	586.59
1	Joni Nikkari	EQ	O-140	126.3	370	400			202.5	215	220	285	310	325		940	804.64
2	Ilkka Naskali	EQ	O-90	87.8	220	240	240		205	215	220	220	240	252.5		700	689.5
-	Marko Loponen	EQ	O-90	89.8	310	330	340		245	255	270	265					
-	Markus Sutinen	EQ	O-110	102	300	300	310		160	170	170	270					
1	Marie Siljeströmer	RAW	O-82.5	81.5	140	152.5	157.5		100	105	107.5	160	175			440	652.52
2	Anni Vuorio	RAW	J-75	73.8	130	145	160	170	70	77.5	80	140	160	172.5		412.5	642.68
3	Ninni Myöhänen	RAW	J-75	69.5	102.5	112.5	120		52.5	57.5	60	120	125	130		307.5	495.69
1	Krisse Tuominen	EQ	O-90+	108.8	193	200			130.5			190	195.5	195.5		526	700.11

Bench Pres									
num	name	raw/eq	class	weight	bench press			points	
1	Juha Tuomainen	RAW	O-110	101.6	210	220	230	209.07	
2	Billy Haavisto	RAW	M3-125	110.2	180	190	190	199.37	
3	Juha Ojanen	RAW	M4-110	104.4	150	157.5	162.5	176.99	
4	Jussi Mattila	RAW	M1-125	118.9	200	210		174.07	
5	Topias Cunnigham	RAW	J-125	121.5	180	190	201	173.26	
6	Marc Marjotie	RAW	O-100	99.7	170	180	185	169.46	
7	Veli-Matti Salmi	RAW	O-110	107.6	190	205		169.29	
8	Harri Pykälämäki	RAW	M1-125	122.8	165	175	185	166.1	
9	Jani Vepsäläinen	RAW	M1-100	97.3	165	175	180	164.32	
10	Juha Tikka	RAW	O-100	99.1	167.5	175	182.5	160.83	
11	Otto Laine	RAW	O-75	73.7	140	145	145	159.04	
12	Janne Loippo	RAW	O-90	89.9	155	162.5	162.5	150.35	
13	Heikki Hyvärinen	RAW	O-125	111.2	165	170	170	149.77	
14	Tero Laine	RAW	O-100	94.4	145	155	165	145.54	
15	Pekka Mykrä	RAW	J-110	104.3	150	155	160	144	
16	Tuomas Vuokkovaara	RAW	O-90	84.2	130	140	150	141.82	
17	Topi Veijalainen	RAW	O-100	98.7	140	145	155	133.4	
18	Vesa Järveläinen	RAW	M1-82.5	78.6	120	140	140	130.44	
1	Ilkka Lukkarinen	EQ	O-140+	148.4	360	362.5	380	316.16	
2	Toni Haaparanta	EQ	O-75	74.5	200.5	205	205	225.36	
3	Mika Aalto	EQ	O-100	99.4	190	205	215	187.99	
-	Rami Haaparanta	EQ	O-110	101.3	320	330	335		
1	Minna Pajulahti	RAW	O-75	73.8	120.5	122.5	127.5	187.74	
2	Anna Khudajarov	RAW	O-90	83.3	112.5	120	127.5	176.28	
3	Mia Salminen	RAW	M1-90	87.9	95	107.5	107.5	160.94	
4	Mira Pihlajaviita	RAW	J-60	58.1	65	72.5	77.5	80.5	
5	Oona Yitolonen	RAW	O-52	51.8	60	65	70	70	
6	Pauliina Loponen	RAW	J-75	71.9	67.5	72.5	78	80	
7	Jasmin Mantila	RAW	J-67.5	66.4	62.5	65	70		
8	Anna Hoge	RAW	O-90+	93.7	50	60	60		
-	Veera Hiltunen	RAW	J-82.5	78.7	80	82.5	82.5		

Deadlift									
num	name	raw/eq	class	weight	deadlift		points		
1	Aimo Mursu	RAW	M8-82.5	81.7	165	172.5	180	354.31	
2	Seppo Ojala	RAW	M6-100	90.9	190	205	210	302.64	
3	Miika Mörönen	RAW	O-110	109.2	310	315	320	279.41	
4	Topias Cunnigham	RAW	J-125	121.5	280	301	320	275.84	
5	Alex Siljeströmer	RAW	O-125	116.5	300	315		261	
6	Ari Kaskela	RAW	M1-100	97.5	250	270	280	259	
7	Eero Rautiainen	RAW	O-82.5	78.1	220	240		258.72	
8	Pekka Mykrä	RAW	J-110	104.3	260	275	285	247.5	
9	Toni Haaparanta	RAW	M1-75	74.5	200	220	227.5	247.28	
10	Henri Valakoski	RAW	O-125	115.8	280	300	300	243.88	
11	Vesa Järveläinen	RAW	M1-82.5	78.6	200	220		239.14	
12	Harri Pykälämäki	RAW	M1-125	122.8	250	265	275	237.93	
13	Jyrki Marttala	RAW	M1-75	73.2	190	200	205	234.31	
14	Tuomas Vuokkovaara	RAW	O-90	84.2	200	210	220	222.86	
15	Tero Laine	RAW	O-100	94.4	220	235		220.66	
1	Jani Lantainen	EQ	O-90	89.9	325	352.5	352.5	315.25	
1	Petra Blomvall	RAW	O-82.5	80.7	165	175	182.5	271.93	
2	Natalia Gadolin	RAW	J-90	89.5	170	185	185	242.08	