

2021-05-28

FPO-liiton voimanoston SM-kilpailut

Laitila

Place	Name	BirthDate	Age	EQ	Division	BW	Class	Squat				Bench				Deadlift				Total	Reshel	
								1	2	3	→	1	2	3	4	→	1	2	3			4
1	Elisa Hyytinen	1980-08-06	40	Wraps	M40-44	78.2	82.5	107.5	117.5	127.5	127.5	77.5	82.5	85	85	140	150	-155	150	362.5	548.1	
1	Vilhelmiina Sillanpää	1995-09-16	25	Wraps	Open	60.2	67.5	130	140	-150	140	55	60	-67.5	60	140	150	162.5	162.5	362.5	643.8	
1	Ada Ritämäki	2003-12-19	17	Wraps	T16-17	71.5	75	100	110.5	-115	110.5	45	50	52.5	52.5	110	120	125	131	125	288.0	456.8
1	Elmeri Töyry	1998-01-30	23	Wraps	J20-23	67.2	67.5	-205	205	-232	205	-110	110	-112	110	200	215	-225	215	530.0	658.3	
1	Reko Sivonen	1999-05-30	21	Wraps	J20-23	74.6	75	160	-170	-170	160	110	-115		110	170	180	-190	180	450.0	504.0	
1	Elmeri Ala-Uotila	1997-11-09	23	Wraps	J20-23	109.9	110	165	180	190	190	120	130	-145	130	190	210	-220	210	530.0	469.1	
1	Jorma Mäkeläinen	1976-05-23	45	Wraps	M40-44	98.2	100	210	222.5	235	235	152.5	157.5	162.5	162.5	220	230	-235.5	230	627.5	578.6	
2	Santeri Kilkki	1977-07-14	43	Wraps	M40-44	96.9	100	210	225	230	230	125	132.5	140	140	210	-230	-230	210	580.0	537.7	
1	Juha Isokoski	1973-01-05	48	Wraps	M45-49	97.7	100	170	-180	-190	170	115	-120	-120	115	215	225	-230	225	510.0	471.2	
DQ	Raimo Hiisiö	1968-12-18	52	Wraps	M50-54	119.9	125	240	-270		240	-160										
1	Petri Lindholm	1970-08-19	50	Wraps	M50-54	127.5	140	300	-325	-330	300	175	-182.5		175	275	-290	-295	275	750.0	640.5	
1	Jarmo Tuomiranta	1962-05-08	59	Wraps	M55-59	74.5	75	-140	140	145	145	102.5	-105	105	105	172.5	-180	182.5	182.5	432.5	486.1	
1	Pekka Anttila	1965-04-19	56	Wraps	M55-59	82	82.5	188	200	-205	200	85	90	92.5	92.5	200	217		217	509.5	526.8	
1	Billy Haavisto	1965-08-06	55	Wraps	M55-59	103.8	110	230	250	-260	250	145	155	160	160	255	265		265	675.0	608.2	
1	Arto Selkee	1960-12-02	60	Wraps	M60-64	66.8	67.5	95	105	110	110	55	60	65	65	160	170	180	180	355.0	442.3	
1	Juhani Kärkkäinen	1959-10-17	61	Wraps	M60-64	99.1	100	170	-185		170	135	142.5	-147.5	142.5	75			75	387.5	355.7	
1	Reijo Hänninen	1957-05-18	64	Wraps	M60-64	136.1	140	200	210	220	220	-90	90	95	95	200			200	515.0	435.2	
1	Olli Kilpiä	1953-12-12	67	Wraps	M65-69	65.5	67.5	90	100	-105	100	60	65	67.5	67.5	120	130	135	135	302.5	386.9	
1	Olavi Rintanen	1955-05-23	66	Wraps	M65-69	120.5	125	230			230	100	110	120	120	275	300		300	650.0	561.0	
1	Raimo Lehtimäki	1949-12-08	71	Wraps	M70-74	94.5	100	135	150		150	70	80		80	187.5	200	205	205	435.0	408.5	
1	Jukka-Pekka Kytölä	1984-09-30	36	Wraps	Open	74.9	75	230	-245	-260	230	142.5	147.5	-150	147.5	250	270	280.5	280.5	658.0	735.0	
1	Mikael Kumlander	1983-01-21	38	Wraps	Open	82.3	82.5	230	250	-270	250	130	135	-137.5	135	260	280	-300.5	280	665.0	684.3	
2	Joni Laiho	1993-04-09	28	Wraps	Open	81.9	82.5	215	235	245	245	145	157.5	165	165	220	-240	240	240	650.0	672.1	
3	Olavi Nieminen	1997-02-26	24	Wraps	Open	81.8	82.5	130	150	-165	150	100	115	-125	115	160	180	200	200	465.0	480.8	
1	Eetu Sieppi	1994-11-16	26	Wraps	Open	90	90	320	-340	-340	320	180	187.5	-192.5	187.5	300	310		310	817.5	792.2	
2	Jerry Aittakari	1994-01-05	27	Wraps	Open	89.9	90	250	270	-282.5	270	150	160	-165	160	270	290	-302.5	290	720.0	697.7	
3	Raul Kivine	1983-09-16	37	Wraps	Open	90	90	285	-300	300	300	80	90		90	265	-280	-280	265	655.0	634.7	
1	Johan Frisk	1991-09-26	29	Wraps	Open	99.2	100	245	255	265	265	190	-200		190	-280	-280	280	280	735.0	674.7	
2	Jani Antikainen		32	Wraps	Open	94.5	100	180	190	200	200	95	100	102.5	102.5	170	180	190	190	492.5	462.5	
1	Joona Leppäjärvi	1995-08-19	25	Wraps	Open	109	110	300	325	-340	325	170	180	-187.5	180	270	285	302.5	302.5	807.5	716.3	
2	Tuomas Virtaniemi	1993-07-04	27	Wraps	Open	107.1	110	240	290	310	310	160	180	195	195	260	280	300	300	805.0	718.1	
3	Jussi Valkama	1981-05-26	40	Wraps	Open	108.5	110	290	310	325	325	190	-200	-200	190	290	-315	-315	290	805.0	715.7	
1	Jussi Valkama	1981-05-26	40	Wraps	M40-44	108.5	110	290	310	325	325	190	-200	-200	190	290	-315	-315	290	805.0	715.7	
4	Jan-Erik Maantila	1985-06-24	35	Wraps	Open	109.6	110	270	300	-315	300	190	205	210	210	250	-280	280	280	790.0	699.2	
1	Topias Cunningham	1994-09-21	26	Wraps	Open	125	125	350	-375	-375	350	200	212.5	-220	212.5	350	-370		350	912.5	782.9	
2	Jan Heino	1987-03-20	34	Wraps	Open	110.7	125	250	265	280	280	150	157.5	160	160	240	260	-270	260	700.0	618.1	
DQ	Raimo Hiisiö	1968-12-18	52	Wraps	Open	119.9	125	240	-270		240	-160										
1	Samuli Ketola	1992-05-26	29	Wraps	Open	127.9	140	360	-375	-375	360	220	230	235	-240	235	300	320	320	915.0	781.4	
1	Rami Anttila	1991-12-16	29	Wraps	Open	171.5	140+	260	280	300	300	150	160	-170	160	260	280		280	740.0	604.6	
DQ	Kalle Ahola	1994-03-02	27	Wraps	Open	147.4	140+	-220	230	250	250	140	-150	-150	140	-260	-260	-260				
1	Axel Virtanen	2005-09-16	15	Wraps	T13-15	61.3	67.5	120	130	140	140	70	75	80	80	120	130	135	135	355.0	488.8	
2	Joonas Viitanen	2006-12-08	14	Wraps	T13-15	61.6	67.5	125	130	-135	130	62.5	-67.5	-67.5	62.5	140	145	150	155	150	342.5	469.6
1	Daniel Szaszko	1983-09-11	37	SP	Open	89.8	90	245	260	-270	260	180	-190	190	190	245	255	260	260	710.0	688.0	
1	Velimatti Karhu	1971-08-12	49	SP	Open	105.5	110	280	305	-325	305	195	-210	-210	195	220	-240	-240	220	720.0	645.8	
1	Velimatti Karhu	1971-08-12	49	SP	M45-49	105.5	110	280	305	-325	305	195	-210	-210	195	220	-240	-240	220	720.0	645.8	