

MeetName Paimio Power Weekend 7  
 Federation FPO  
 Date 2021-09-25  
 MeetTown Paimio  
 Formula Reshel

Place	Name	Sex	Age	Equipment	Division	BW	Class	Bench				Deadlift				Points	
								1	2	3	4	1	2	3	4		
1	Elisa Hyytinen	F	41	Raw	M40-44	79.3	82.5	82.5	87.5	90					<b>90</b>	135.09	
1	Sanna Halenius	F	43	Raw	M40-44	85.4	90	85	95	-100					<b>95</b>	137.66	
1	Johanna Bies	F	49	Raw	M45-49	62.4	67.5	112.5	123.5	130					<b>130</b>	224.25	
1	Marjo Ojala	F	45	Raw	M45-49	71.1	75	50	55	60					<b>60</b>	95.34	
1	Nina Kiuru	F	54	Raw	M50-54	42.8	44	48	-52.5	52.5					<b>52.5</b>	143.43	
1	Nina Kiuru	F	54	Raw	Open	42.8	44	48	-52.5	52.5					<b>52.5</b>	143.43	
1	Johanna Bies	F	49	Raw	Open	62.4	67.5	112.5	123.5	130					<b>130</b>	224.25	
2	Vilhelmiina Sillanpää	F	26	Raw	Open	60.3	67.5	-67.5	70	-75					<b>70</b>	123.9	
3	Jenna Peltola	F	25	Raw	Open	65.7	67.5	60	65	-70					<b>65</b>	108.42	
1	Eeva Ylimäki	F	26	Raw	Open	74.6	75	57.5	-62.5	-62.5					<b>57.5</b>	88.9	
1	Emma Huhta	F	29	Raw	Open	89.9	90	82.5	92.5	100					<b>100</b>	142	
2	Sanna Halenius	F	43	Raw	Open	85.4	90	85	95	-100					<b>95</b>	137.66	
1	Anna Khudayarov	F	33	Raw	Open	103	90+	157.5	-165.5	165.5	-170				<b>165.5</b>	223.59	
1	Sofia Valkama	F	16	Raw	T16-17	75	75	55	60	-65					<b>60</b>	92.58	
1	Eevi Salonen	F	11	Raw	Youth	43.9	44	25	-27.5	-27.5					<b>25</b>	65.8	
1	Sari Mihailov	F	40	Raw	M40-44	70.2	75					130	137.5	145		<b>145</b>	232.15
2	Anni Husu	F	42	Raw	M40-44	72.8	75					135	142.5	-150		<b>142.5</b>	223.3
1	Elisa Hyytinen	F	41	Raw	M40-44	79.3	82.5					145	155	-160		<b>155</b>	232.65
1	Sanna Halenius	F	43	Raw	M40-44	85.4	90					170	180	-182.5		<b>180</b>	260.82
1	Marjo Ojala	F	45	Raw	M45-49	71.1	75					120	130	140		<b>140</b>	222.46
1	Nina Kiuru	F	54	Raw	M50-54	42.8	44					90	95	100	102.5	<b>100</b>	273.2
1	Maiju Hilander	F	64	Raw	M60-64	75	75					150	-155	-155		<b>150</b>	231.45
1	Nina Kiuru	F	54	Raw	Open	42.8	44					90	95	100	102.5	<b>100</b>	273.2
1	Vilhelmiina Sillanpää	F	26	Raw	Open	60.3	67.5					150	160	-165		<b>160</b>	283.2
2	Jenna Peltola	F	25	Raw	Open	65.7	67.5					150	160	-170		<b>160</b>	266.88
1	Sari Mihailov	F	40	Raw	Open	70.2	75					130	137.5	145		<b>145</b>	232.15
2	Eeva Ylimäki	F	26	Raw	Open	74.6	75					125	130	-135		<b>130</b>	200.98
1	Sanna Halenius	F	43	Raw	Open	85.4	90					170	180	-182.5		<b>180</b>	260.82
2	Emma Huhta	F	29	Raw	Open	89.9	90					140	160	175		<b>175</b>	248.5
1	Sofia Valkama	F	16	Raw	T16-17	75	75					130	140	145		<b>145</b>	223.73
1	Eevi Salonen	F	11	Raw	Youth	43.9	44					65	70	75	80	<b>75</b>	197.4

1	Tarmo Rönkkö	M	23	Raw	J20-23	71.8	75	110	-115	117.5	<b>117.5</b>	136.54	
1	Valtteri Mäkilä	M	22	Raw	J20-23	121.4	125	207.5	215	217.5	<b>217.5</b>	187.48	
1	Jarkko Ylä-Häkkinen	M	42	Raw	M40-44	97.1	100	160	170	175	<b>175</b>	162.05	
2	Hannu Kontio	M	44	Raw	M40-44	93.5	100	130	140	-150	<b>140</b>	132.3	
1	Jarkko Mihailov	M	42	Raw	M40-44	110	110	175	182.5	190	<b>190</b>	168.15	
2	Jani Holm	M	42	Raw	M40-44	108.3	110	-170	170	172.5	<b>172.5</b>	153.35	
1	Pedro Karlsson	M	42	Raw	M40-44	164.3	140+	210	225	232.5	-240	<b>232.5</b>	190.88
1	Jorma Mononen	M	47	Raw	M45-49	79.5	82.5	140	147.5	150	153	<b>150</b>	159
1	Jani Storck	M	45	Raw	M45-49	88.4	90	170	180	185	<b>185</b>	181.12	
1	Klaus Renfors	M	48	Raw	M45-49	94.4	100	152.5	160	162.5	<b>162.5</b>	152.59	
2	Jorma Mäkeläinen	M	45	Raw	M45-49	97.5	100	157.5	-162.5	-162.5	<b>157.5</b>	145.69	
1	Atte Akkanen	M	53	Raw	M50-54	89.8	90	140	150	152.5	<b>152.5</b>	147.77	
2	Jukka Aho	M	50	Raw	M50-54	90	90	125	135	145	<b>145</b>	140.51	
1	Raimo Hiisiö	M	52	Raw	M50-54	121.9	125	180	195	-205	-205	<b>195</b>	167.9
1	Petri Lindholm	M	51	Raw	M50-54	125.8	140	175	-191		<b>175</b>	149.98	
1	Sami Salonen	M	52	Raw	M50-54	152.4	140+	170	177.5	-190	<b>177.5</b>	147.15	
1	Jarmo Tuomiranta	M	59	Raw	M55-59	74.3	75	102.5	105	108	<b>108</b>	121.39	
1	Tero Ylivinkka	M	55	Raw	M55-59	109.4	110	185	-190	190	<b>190</b>	168.34	
1	Juhani Kärkkäinen	M	61	Raw	M60-64	99.6	100	135	140	145	<b>145</b>	132.82	
1	Jorma Lempinen	M	72	Raw	M70-74	81.7	82.5	145	150	155	160	<b>155</b>	160.58
1	Henri Toukometsä	M	27	Raw	Open	74.6	75	130	140	145	<b>145</b>	162.4	
2	Markus Uuppo	M	35	Raw	Open	74.5	75	120	-125	-125	<b>120</b>	134.88	
1	Jorma Mononen	M	47	Raw	Open	79.5	82.5	140	147.5	150	153	<b>150</b>	159
2	Jesse Ahvenkoski	M	24	Raw	Open	81.5	82.5	135	-142.5	-142.5	<b>135</b>	140.27	
1	Jani Storck	M	45	Raw	Open	88.4	90	170	180	185	<b>185</b>	181.12	
2	Joni Laiho	M	28	Raw	Open	88.3	90	165	175	180	<b>180</b>	176.22	
3	Juha Tuominen	M	33	Raw	Open	88.2	90	160	165	-172.5	<b>165</b>	161.87	
1	Harri Vakkinen-Huhta	M	37	Raw	Open	99.4	100	180	190	-195	<b>190</b>	174.23	
2	Mikko Silvennoinen	M	36	Raw	Open	98.6	100	150	160	170	<b>170</b>	156.4	
3	Klaus Renfors	M	48	Raw	Open	94.4	100	152.5	160	162.5	<b>162.5</b>	152.59	
1	Joonas Piironen	M	31	Raw	Open	109.6	110	220	225	230	<b>230</b>	203.55	
2	Johan Frisk	M	29	Raw	Open	105.5	110	195	205	212.5	<b>212.5</b>	190.61	
3	Tero Ylivinkka	M	55	Raw	Open	109.4	110	185	-190	190	<b>190</b>	168.34	
4	Jarkko Mihailov	M	42	Raw	Open	110	110	175	182.5	190	<b>190</b>	168.15	
1	Jose Mattila	M	38	Raw	Open	111.4	125	200	212.5	-220	<b>212.5</b>	187.21	
2	Raimo Hiisiö	M	52	Raw	Open	121.9	125	180	195	-205	-205	<b>195</b>	167.9
1	Lauri Härkä	M	38	Raw	Open	132.1	140	205	215	225	<b>225</b>	191.03	
1	Pedro Karlsson	M	42	Raw	Open	164.3	140+	210	225	232.5	-240	<b>232.5</b>	190.88
2	Jussi Kananen	M	36	Raw	Open	155.3	140+	180	195	-202.5	<b>195</b>	161.27	
1	Joonas Viitanen	M	14	Raw	T13-15	62.7	67.5	70	75	-77.5	<b>75</b>	100.73	
1	Matias Heikkinen	M	14	Raw	T13-15	103.3	110	50	60	-70	<b>60</b>	54.18	

1	Oliver Salonen	M	12	Raw	Youth	77.8	82.5	35	37.5	-45	37.5		40.43	
DQ	Sami Salonen	M	52	Single-ply	M50-54	152.4	140+	-210	-210					
1	Jussi Kananen	M	36	Single-ply	Open	155.3	140+	215	230	-240	230		190.21	
1	Tarmo Rönkkö	M	23	Raw	J20-23	71.8	75		190	200	207.5	207.5	241.11	
1	Oskari Simonen	M	23	Raw	J20-23	97.1	100		290	312.5	-320	312.5	289.38	
1	Valteri Mäkilä	M	22	Raw	J20-23	121.4	125		320	350	-360	350	301.7	
1	Hannu Kontio	M	44	Raw	M40-44	93.5	100		200	230	-240	230	217.35	
1	Jarkko Mihailov	M	42	Raw	M40-44	110	110		270	-280		270	238.95	
1	Pedro Karlsson	M	42	Raw	M40-44	164.3	140+		280	300	320	-325	320	262.72
1	Jorma Mäkeläinen	M	45	Raw	M45-49	97.5	100		220	230	235	235	217.38	
2	Juha Isokoski	M	48	Raw	M45-49	98.2	100		225	230	-235	230	212.06	
1	Pasi Mehtälä	M	48	Raw	M45-49	123.4	125		240	250	260	260	223.6	
1	Petri Lindholm	M	51	Raw	M50-54	125.8	140		275	300		300	257.1	
1	Jarmo Tuomiranta	M	59	Raw	M55-59	74.3	75		172.5	180	-184	180	202.32	
1	Billy Haavisto	M	56	Raw	M55-59	106.5	110		250	-260		250	223.5	
1	Juhani Kärkkäinen	M	61	Raw	M60-64	99.6	100		220	240	-251	240	219.84	
1	Henri Toukometsä	M	27	Raw	Open	74.6	75		200	212.5	222.5	222.5	249.2	
DQ	Markus Uuppo	M	35	Raw	Open	74.5	75		-220	-220				
1	Mikael Kumlamder	M	38	Raw	Open	82	82.5		265	280	-291	280	289.52	
2	Jesse Ahvenkoski	M	24	Raw	Open	81.5	82.5		240	-255	-260	240	249.36	
1	Juha Tuominen	M	33	Raw	Open	88.2	90		240	250	-255	250	245.25	
1	Mikko Silvennoinen	M	36	Raw	Open	98.6	100		210	-240	-240	210	193.2	
1	Robert Pirkkiö	M	28	Raw	Open	108	110		280	305	-312.5	305	271.45	
2	Johan Frisk	M	29	Raw	Open	105.5	110		270	-290		270	242.19	
3	Jarkko Mihailov	M	42	Raw	Open	110	110		270	-280		270	238.95	
1	Ville Suominen	M	39	Raw	Open	118.3	125		310	332.5	-340	332.5	287.95	
2	Jose Mattila	M	38	Raw	Open	111.4	125		260	280	-300	280	246.68	
1	Lauri Härkä	M	38	Raw	Open	132.1	140		270	297.5	305	305	258.95	
1	Pedro Karlsson	M	42	Raw	Open	164.3	140+		280	300	320	-325	320	262.72
1	Joonas Viitanen	M	14	Raw	T13-15	62.7	67.5		155	160	165	165	221.6	
1	Petri Hietämäki	M	44	Multi-ply	M40-44	98.5	100		290	-312.5	-312.5	290	267.09	