

Best Lifter Awards

| Division | Formula |
|----------|----------------|
| Overall | Reshel |
| Open | Reshel |
| Master | Reshel*AgeCoef |
| Junior | Reshel*AgeCoef |
| Teen | Reshel*AgeCoef |

Raw Powerlifting Women

| | | | | |
|---------|---|-----------------|--------|----------------|
| Overall | 1 | Hanna Luukkonen | 883.35 | Reshel |
| | 2 | Petra Blomvall | 803.88 | Reshel |
| | 3 | Emma Huhta | 639.03 | Reshel |
| Open | | Hanna Luukkonen | 883.35 | Reshel |
| Master | | Petra Blomvall | 828.80 | Reshel*AgeCoef |
| Junior | | Hanna Luukkonen | 883.35 | Reshel*AgeCoef |
| Teen | | Sofia Valkama | 495.68 | Reshel*AgeCoef |

Raw Powerlifting Men

| | | | | |
|---------|---|-------------------|--------|----------------|
| Overall | 1 | Topias Cunningham | 803.91 | Reshel |
| | 2 | Jussi Valkama | 742.18 | Reshel |
| | 3 | Harri Linden | 728.31 | Reshel |
| Open | | Topias Cunningham | 803.91 | Reshel |
| Master | | Petri Lindholm | 791.30 | Reshel*AgeCoef |
| Junior | | Rene Makarenko | 636.00 | Reshel*AgeCoef |
| Teen | | Julius Korpela | 585.48 | Reshel*AgeCoef |

Equipped Powerlifting Men

| | | | | |
|------|--|------------------|--------|--------|
| Open | | Dennis Riihimäki | 875.91 | Reshel |
|------|--|------------------|--------|--------|

Raw Bench Women

| | | | | |
|--------|--|-------------|--------|----------------|
| Open | | | | Reshel |
| Master | | Marjo Ojala | 104.77 | Reshel*AgeCoef |
| Junior | | | | Reshel*AgeCoef |
| Teen | | Ella Avola | 80.51 | Reshel*AgeCoef |

Raw Bench Men

| | | | | |
|--------|--|----------------|--------|----------------|
| Open | | Seppo Junntila | 174.23 | Reshel |
| Master | | Tero Ylivinkka | 204.20 | Reshel*AgeCoef |
| Junior | | | | Reshel*AgeCoef |
| Teen | | | | Reshel*AgeCoef |

Equipped Bench Men

| | | | | |
|------|--|-------------|--------|--------|
| Open | | Ville Pulli | 198.49 | Reshel |
|------|--|-------------|--------|--------|

Raw Deadlift Women

| | | | |
|--------|-----------------|--------|----------------|
| Open | Tuulikki Kare | 313.69 | Reshel |
| Master | Sari Mihailov | 258.14 | Reshel*AgeCoef |
| Junior | Nina Pykälämäki | 181.67 | Reshel*AgeCoef |
| Teen | Ella Avola | 161.01 | Reshel*AgeCoef |

Raw Deadlift Men

| | | | |
|--------|-------------------|--------|----------------|
| Open | Markus Koivuniemi | 256.48 | Reshel |
| Master | Juhani Kärkkäinen | 321.32 | Reshel*AgeCoef |
| Junior | Joel Keränen | 215.86 | Reshel*AgeCoef |
| Teen | | | Reshel*AgeCoef |