

MeetName Tatu Avola Memorial 2021  
 Federation FPO  
 Date 2021-12-04  
 MeetCountry Finland  
 MeetState Pirkanmaa  
 MeetTown Tampere

Place	Name	Sex	Age	Equipment	Division	BW	Class	Event	Squat				Bench				Deadlift				Total	Reshel/Coef	Reshel	AgeCoef	Reshel*AgeCoef		
									1	2	3	4	1	2	3	4	1	2	3	4							
1	Hanna Luukkonen	F	21	Wraps	J20-23	78.4	82.5	SBD	210	227.5	235	235	103	-112.5	112.5	-117.5	112.5	220	230.5	237.5	237.5	585.0	1.510	883.35	1	883.35	
1	Petra Blomvall	F	43	Wraps	M40-44	82.5	82.5	SBD	200	215	227.5	227.5	80	87.5	-92.5		87.5	230	-255		230	545.0	1.475	803.88	1.031	828.80	
2	Elisa Hyytinen	F	41	Raw	M40-44	79.1	82.5	SBD	112.5	122.5	130	130	82.5	-87.5	87.5		87.5	145	155	160	160	377.5	1.503	567.38	1.010	573.05	
1	Riikka Hannula	F	31	Raw	Open	66.5	67.5	SBD	105	112.5	120	120	57.5	62.5	65		65	107.5	120	-135	120	305.0	1.655	504.78	1	504.78	
1	Jerna Rytkönen	F	37	Wraps	Open	73.1	75	SBD	130	140	-150	140	65	75	-80		75	165	175	185	185	400.0	1.564	625.60	1	625.60	
1	Hanna Luukkonen	F	21	Wraps	Open	78.4	82.5	SBD	210	227.5	235	235	103	-112.5	112.5	-117.5	112.5	220	230.5	237.5	237.5	585.0	1.510	883.35	1	883.35	
2	Petra Blomvall	F	43	Wraps	Open	82.5	82.5	SBD	200	215	227.5	227.5	80	87.5	-92.5		87.5	230	-255		230	545.0	1.475	803.88	1.031	828.80	
1	Emma Huhta	F	29	Raw	Open	88.7	90	SBD	130	145	155	155	100	-107.5	107.5		107.5	160	180	185	185	447.5	1.428	639.03	1	639.03	
1	Sofia Valkama	F	16	Raw	T16-17	74.4	75	SBD	95	-105	105	105	60	65	-67.5		65	135	150	-152.5	150	320.0	1.549	495.68	1	495.68	
2	Ada Ritämäki	F	17	Raw	T16-17	71.2	75	SBD	110	115	-120	115	50	52.5	-55		52.5	117.5	122.5	127.5	127.5	295.0	1.589	468.76	1	468.76	
1	Marjo Ojala	F	45	Raw	M45-49	71.2	75	B					55	-60	62.5		62.5				62.5	1.589	99.31	1.055	104.77		
1	Ella Avola	F	18	Raw	T18-19	59.6	60	B					40	45	-50		45				45.0	1.789	80.51	1	80.51		
1	Nina Pykälämäki	F	21	Raw	J20-23	81.3	82.5	D										105	115	122.5	122.5	122.5	1.483	181.67	1	181.67	
1	Sari Mihailov	F	40	Raw	M40-44	67.5	67.5	D										140	150	157.5	157.5	157.5	1.639	258.14	1	258.14	
1	Marjo Ojala	F	45	Raw	M45-49	71.2	75	D										125	135	142.5	142.5	142.5	1.589	226.43	1.055	238.88	
1	Sari Makkonen	F	48	Raw	M45-49	80.8	82.5	D										130	140	145	145	145.0	1.488	215.76	1.097	236.69	
1	Tuulikki Kare	F	54	Raw	Open	66.6	67.5	D										170	182.5	190	190	190.0	1.651	313.69	1.204	377.68	
2	Sari Mihailov	F	40	Raw	Open	67.5	67.5	D										140	150	157.5	157.5	157.5	1.639	258.14	1	258.14	
3	Anu Holopainen	F	36	Raw	Open	65.1	67.5	D										130	140	150	150	150.0	1.676	251.40	1	251.40	
1	Ella Avola	F	18	Raw	T18-19	59.6	60	D										80	-90	90	90	90.0	1.789	161.01	1	161.01	
1	Niilo Mäntysaari	M	19	Raw (Bare)	T18-19	96.6	100	SBD	170	185	-200	185	120	130	-135		130	230	250	-270	250	565.0	0.928	524.32	1	524.32	
1	Rene Makarenko	M	22	Wraps	J20-23	79.4	82.5	SBD	200			200	125	140	-142.5		140	235	260	-280	260	600.0	1.060	636.00	1	636.00	
1	Jussi Valkama	M	40	Wraps	M40-44	120.6	125	SBD	300	330	340	340	195	202.5	-207.5		202.5	280	310	317.5	317.5	860.0	0.863	742.18	1	742.18	
2	Jarkko Mihailov	M	42	Raw	M40-44	114.0	125	SBD	250	-265	265	265	180	187.5	192.5		192.5	-270	270	280	280	737.5	0.875	645.31	1.020	658.22	
1	Petri Lindholm	M	51	Wraps	M50-54	125.8	140	SBD	300	325		325	180	190			190	290	-300		290	805.0	0.857	689.89	1.147	791.30	
1	Jukka Lindström	M	69	Raw	M65-69	95.2	100	SBD		180	190	190	90	100	110		110	180	191		191	491.0	0.935	459.09	1.610	739.13	
1	Raimo Lehtimäki	M	71	Raw	M70-74	96.6	100	SBD	140	152.5		152.5	-75	-82.5	82.5		82.5	185	200	-207.5	207.5	200	435.0	0.928	403.68	1.681	678.59
1	Tarmo Rönkkö	M	24	Raw	Open	72.8	75	SBD	150	160	167.5	167.5	112.5	120	-125		120	-195	200	-210	200	487.5	1.147	559.16	1	559.16	
1	Jukka-Pekka Kytölä	M	37	Wraps	Open	81.5	82.5	SBD	235	-260	-270	235	145	150	-152.5		150	255	275	-285	275	660.0	1.039	685.74	1	685.74	
1	Harri Linden	M	31	Wraps	Open	98.8	100	SBD	280	325	-340	325	170	182.5	192.5		192.5	260	275	-290	275	792.5	0.919	728.31	1	728.31	
2	Harri Vakkinen-Huhta	M	37	Wraps	Open	97.7	100	SBD	280	320	-345	320	180	185	-187.5		185	260	-280	-280	260	765.0	0.924	706.86	1	706.86	
1	Lauri Lindholm	M	36	Raw	Open	107.6	110	SBD	190	205	212.5	212.5	145	152.5	-157.5		152.5	260	285	-290	285	650.0	0.890	578.50	1	578.50	
1	Jussi Valkama	M	40	Wraps	Open	120.6	125	SBD	300	330	340	340	195	202.5	-207.5		202.5	280	310	317.5	317.5	860.0	0.863	742.18	1	742.18	
2	Iiro Jokipalo	M	30	Raw	Open	118.4	125	SBD	290	310	-315	310	175	190	-195		190	285	300		300	800.0	0.866	692.80	1	692.80	

3	Jarkko Mihailov	M	42	Raw	Open	114.0	125	SBD	250	-265	265	265	180	187.5	192.5	192.5	-270	270	280	280	737.5	0.875	645.31	1.020	658.22
1	Topias Cunningham	M	27	Wraps	Open	136.6	140	SBD	345	370	390	390	200	210	220	220	342.5	-370	-370	342.5	952.5	0.844	803.91	1	803.91
2	Lauri Härkä-Laaksonen	M		Raw	Open	134.2	140	SBD	265	280	-282.5	280	210	220	-227.5	220	280	300	310	310	810.0	0.847	686.07	1	686.07
1	Joonas Viitanen	M	14	Wraps	T13-15	64.8	67.5	SBD	135	140.5	145	145	75	-80.5	80.5	80.5	165	170	-175	170	395.5	1.290	510.20	1	510.20
1	Jaakko Haapasalmi	M	19	Wraps	T18-19	90.0	90	SBD	-180	190		190	130	-140	-140	130	225	230	-240	230	550.0	0.969	532.95	1	532.95
1	Julius Korpela	M	18	Raw	T18-19	122.1	125	SBD	225	240	250	250	160	-170	-170	160	240	270	-275	270	680.0	0.861	585.48	1	585.48
DQ	Velimatti Karhu	M	50	Multi-ply	M50-54	107.2	110	SBD	300	325	-350	325	-220	-235	-235						0.892		1.130		
1	Dennis Riihimäki	M	38	Multi-ply	Open	109.0	110	SBD	382.5	-392.5	392.5	392.5	245	-250	-255	245	330	340	350	350	987.5	0.887	875.91	1	875.91
DQ	Velimatti Karhu	M	50	Multi-ply	Open	107.2	110	SBD	300	325	-350	325	-220	-235	-235						0.892		1.130		
1	Rami Haaparanta	M	45	Raw	M45-49	98.8	100	B					185	197.5	-202.5	197.5					197.5	0.919	181.50	1.055	191.48
1	Tero Ylivinkka	M	55	Raw	M55-59	108.1	110	B					187.5	-192.5	-192.5	187.5					187.5	0.889	166.69	1.225	204.20
1	Juhani Kärkkäinen	M	62	Raw	M60-64	99.0	100	B					135	140	145	145					145.0	0.919	133.26	1.393	185.63
1	Seppo Junttila	M	31	Raw	Open	99.4	100	B					-172.5	190	-192.5	190					190.0	0.917	174.23	1	174.23
2	Mikael Kettunen	M	25	Raw	Open	100.0	100	B					180	-190		180					180.0	0.915	164.70	1	164.70
1	Tero Ylivinkka	M	55	Raw	Open	108.1	110	B					187.5	-192.5	-192.5	187.5					187.5	0.889	166.69	1.225	204.20
DQ	Juha Tuomainen	M	38	Raw	Open	103.8	110	B					-220	-220	-220						0.901		1		
1	Rami Anttila	M	29	Raw	Open	173.9	140+	B					160	170	180	180					180.0	0.816	146.88	1	146.88
1	Ville Pulli	M		Multi-ply	Open	120.5	125	B					-230	230	-250	230					230.0	0.863	198.49	1	198.49
1	Joel Keränen	M		Raw	J20-23	85.1	90	D									200	215	-232.5	215	215.0	1.004	215.86	1	215.86
1	Markus Koivuniemi	M	50	Raw	M50-54	99.6	100	D									260	280		280	280.0	0.916	256.48	1.130	289.82
1	Juhani Kärkkäinen	M	62	Raw	M60-64	99.0	100	D									220	240	251	251	251.0	0.919	230.67	1.393	321.32
1	Markus Koivuniemi	M	50	Raw	Open	99.6	100	D									260	280		280	280.0	0.916	256.48	1.130	289.82
DQ	Jan-Aleks Vallius	M	17	Raw	T16-17	80.2	82.5	D									-165	-165			1.051		1		